

## WEEK ONE

6 November  
27 November  
18 December  
22 January  
19 February  
11 March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Macaroni Cheese	BBQ Chicken with Rice	Roast Chicken with Roast Potatoes & Gravy	Spaghetti Bolognese with Homemade Garlic Bread	Fish Fingers with Chips & Tomato Ketchup
Option Two	Vegetable Curry with Rice	Vegan Meatballs in a Tomato Sauce with Pasta	Vegetable Roast with Roast Potatoes & Gravy	Shepherdess Pie	Vegan Sausage with Chips & Tomato Ketchup
Option Three	Jacket Potato with Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Cheese	Jacket Potato with Baked Beans,	Jacket Potato with Cheese
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Baked Beans
Dessert	Cinnamon Swirl	Orange Drizzle Cake with Custard	Strawberry Jelly with Mandarins	Apple Crumble with Custard	Chocolate Shortbread

## WEEK TWO

13 November  
4 December  
8 January  
29 January  
26 February  
18 March

Option One	Vegetable Pasta Bake	Pork Sausage with Mashed Potato & Gravy	Roast Turkey with Stuffing, Roast Potatoes & Gravy	Greek Chicken Pitta with Cucumber Dip & Potato Wedges	Fish Fingers with Chips & Tomato Ketchup
Option Two	Spinach & Cheese Whirl with Cucumber Dip & Potato Wedges	Vegetable Fajitas with Rice	Vegan Sausage with Roast Potatoes & Gravy	BBQ Quorn with Rice	Cheese & Tomato Pizza with Chips
Option Three	Jacket Potato with Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese
Vegetables	Seasonal Vegetables Lemon & Berry Cake	Seasonal Vegetables	Seasonal Vegetables	Greek Salad Plum & Vanilla Crumble with Custard	Peas & Baked Beans
Dessert	Berry Cake	Eves Pudding with Chocolate Sauce	Chocolate Orange Cookie	Cinnamon Cookie	

## WEEK THREE

20 November  
11 December  
15 January  
5 February  
4 March

Option One	Lentil & Sweet Potato Curry with Rice	Chicken & Broccoli Pasta	Roast Gammon with Roast Potatoes & Gravy	Cottage Pie	Fish Fingers with Chips & Tomato Ketchup
Option Two	Tomato Arrabiata Pasta	Cheese & Tomato Pizza with New Potatoes	Vegan Quorn with Roast Potatoes & Gravy	Vegan Burger with Potato Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Ketchup
Option Three	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Baked Beans
Dessert	Vanilla Shortbread	Pear & Chocolate Upside Down Cake with Custard	Strawberry Jelly	Peach Crumble with Custard	Fruity Shortbread

### MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

#### Available Daily:

Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

#### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

# WEEK ONE

6 November  
27 November  
18 December  
22 January  
19 February  
11 March

Option One  
Option Two  
Option Three  
Vegetables  
Dessert

**V11** Macaroni Cheese  
**V148** Vegetable Curry with **SD84** Rice  
**SD55** Jacket Potato with **SD22** Baked Beans or **V85** Cheese  
**SD28** Carrots  
**SD24** Green Beans  
**D244** Cinnamon Swirl

**V73** Wholemeal Vegetable Pasta Bake

Option One  
Option Two  
Option Three  
Vegetables  
Dessert

**GR2** Spinach & Cheese Whirl with **GR3** Cucumber Dip & **SD6** Wedges  
**SD55** Jacket Potato with **SD22** Baked Beans or **V85** Cheese  
**SD20** Broccoli  
**SD18** Peas  
**D183** Lemon & Berry Cake

**V108** Lentil & Sweet Potato Curry with **SD84** Rice

Option One

Option Two  
Option Three  
Vegetables  
Dessert

**V188** Tomato Arrabiata **SD11** Pasta  
**SD55** Jacket Potato with **SD22** Baked Beans or **V85** Cheese  
**SD28** Carrots  
**SD18** Peas  
**D57** Vanilla Shortbread



Added Plant Power



Wholemeal



Vegan



Chef's Special

# MONDAY

# TUESDAY

# WEDNESDAY

# THURSDAY

# FRIDAY

**C89** BBQ Chicken with **SD84** Rice  
**V237** Vegan Meatballs in a **V225** Tomato Sauce with **SD11** Pasta  
**SD55** Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise  
**SD18** Peas  
**SD20** Broccoli  
**D182** Orange Drizzle Cake with **D2** Custard

**P3** Pork Sausage with **SD1** Mashed Potato & **SD118** Gravy

**V211** Vegetable Fajitas with **SD84** Rice  
**SD55** Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise

**SD24** Green Beans  
**SD28** Carrots  
**D189** Eves Pudding with **D3** Chocolate Sauce

**C88** Chicken & Broccoli Pasta

**V231** Cheese & Tomato Pizza with **SD2** New Potatoes

**SD55** Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise  
**SD24** Green Beans  
**SD28** Carrots

**D207** Pear and Chocolate Upside Down Cake with **D2** Custard

**C4** Roast Chicken with **SD7** **SD82** Roast Potatoes & **SD118** Gravy  
**V13** Vegetable Roast with **SD7** **SD82** Roast Potatoes & **SD118** Gravy  
**SD55** Jacket Potato with **SD22** Baked Beans or **V85** Cheese  
**SD24** Green Beans  
**SD28** Carrots  
**D235** Strawberry Jelly with Mandarins

**T1** Roast Turkey with **SD40** Stuffing, **SD7** **SD82** Roast Potatoes & **SD118** Gravy  
**V238** Vegan Sausage with **SD7** **SD82** Roast Potatoes & **SD118** Gravy

**SD55** Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F32** Salmon Mayonnaise

**SD28** Carrots  
**SD18** Peas

**D230** Chocolate Orange Cookie

**P5** Roast Gammon with **SD7** **SD82** Roast Potatoes & **SD118** Gravy

**V204** Vegan Quorn with **SD7** **SD82** Roast Potatoes & **SD118** Gravy

**SD55** Jacket Potato with **SD22** Baked Beans or **V85** Cheese

**SD20** Broccoli  
**SD18** Peas

**D245** Strawberry Jelly

**SD8** Spaghetti **B48** Bolognese with Homemade  
**SD50** Garlic Bread

**V241** Shepherdess Pie

**SD55** Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise

**SD20** Broccoli  
**SD28** Carrots

**D242** Apple Crumble with **D2** Custard

**GR1** Greek Chicken Pitta with **GR3** Cucumber Dip & **SD6** Wedges

**V205** BBQ Quorn with **SD84** Rice

**SD55** Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise

**GR4** Greek Salad  
**SD20** Broccoli

**D240** Plum & Vanilla Crumble with **D2** Custard

**B33** Cottage Pie

**V236** Vegan Burger with **SD6** Potato Wedges

**SD55** Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise  
**SD28** Carrots

**S D24** Green Beans

**D238** Peach Crumble with **D2** Custard

**F6** Fish Fingers with **SD5** Chips & **SD14** Tomato Ketchup

**V238** Vegan Sausage with **SD5** Chips & **SD14** Tomato Ketchup

**SD55** Jacket Potato with **V85** Cheese or **F11** Tuna Mayonnaise

**SD18** Peas  
**SD22** Baked Beans

**D80** Chocolate Shortbread

**F6** Fish Fingers with **SD5** Chips & **SD14** Tomato Ketchup

**V231** Cheese & Tomato Pizza with **SD5** Chips

**SD55** Jacket Potato with **V85** Cheese or **F11** Tuna Mayonnaise

**SD18** Peas  
**SD22** Baked Beans

**D195** Cinnamon Cookie

**F6** Fish Fingers with **SD5** Chips & **SD14** Tomato Ketchup

**V24** Cheese & Red Pepper Frittata with **SD5** Chips & **SD14** Tomato Ketchup

**SD55** Jacket Potato with **V85** Cheese or **F11** Tuna Mayonnaise

**SD18** Peas  
**SD22** Baked Beans

**D96** Fruity Shortbread

## MENU KEY

Available Daily:

Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

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