



## NAVIGATORS THEME CYCLES 2022-23



	YEAR 5	YEAR 6
<b>Setting the Scene Week</b> 06.09.22 - 9.09.22 <b>Additional PSHE units</b>	<b>QMPS Setting the Scene plus additional units from 'PSHEBoomerang'</b> <b>Core Theme Unit 1 (lessons 1-3) – Health and wellbeing</b> <b>Core Theme 2 Unit 4 LESSON 5: Online Relationships;</b> <b>Core Theme 1 Unit 5 LESSON 1: Drugs</b> <b>Core Theme 1 Unit 5 LESSON 2: Alcohol</b>	<b>QMPS Setting the Scene plus additional units from 'PSHEBoomerang'</b> <b>Core Theme 1 Unit 3 LESSON 1: Identified Strengths</b> <b>Core Theme 1 Unit 3 LESSON 2: Identified Strengths</b> <b>Core Theme 1 Unit 3 LESSON 3: Setting Goals</b> <b>Core Theme 1 Unit 3 LESSON 4: Setting Goals</b> <b>Core Theme 1 Unit 5 LESSON 6: Internet Safety</b>
<b>Theme 1</b> 12.09.22 - 21.10.22	<b>'Mission Control'</b> <i>Earth and Beyond</i>	<b>'A World of Bright Ideas'</b> <i>Inventions and Developments</i>
<b>NC Essentials Science</b> 31.10.22 - 18.11.22 <b>Additional PSHE Units</b>	<b>Core Theme 1 Unit 4 LESSON 1: Death and Grief (linked to Remembrance)</b> <b>Core Theme 1 Unit 4 LESSON 2: Death and Grief - Poppies</b> <b>Core Theme 1 Unit 4 LESSON 3: Managing Conflict</b> <b>Core Theme 3 Unit 2 LESSON 1: Community Event</b>	<b>'Go With the Flow'</b> <b>Core Theme 2 Unit 3 LESSON 1: Race and Ethnicity</b> <b>Core Theme 2 Unit 3 LESSON 2: Gender Stereotypes</b> <b>Core Theme 2 Unit 3 LESSON 3: Culture</b>
<b>Theme 2</b> 21.11.22 - 9.12.22 (1 week allocated for Christmas)	<b>'You're Not Invited'</b> <i>Invaders and Settlers</i>	<b>'Wars of the World'</b> <i>Wars, Past and Present</i>
<b>Setting the Scene Week</b> 4.1.23 - 6.1.23	<b>QMPS Setting the Scene plus additional units from 'PSHEBoomerang'</b>	<b>QMPS Setting the Scene plus additional units from 'PSHEBoomerang'</b>
<b>Theme 2</b> 9.1.23 - 27.1.23	<b>'You're Not Invited'</b> <i>Invaders and Settlers</i>	<b>'Wars of the World'</b> <i>Wars, Past and Present</i>
<b>Competency unit</b> 30.01.23 - 17.02.23 <b>Additional PSHE Units</b>	<b>Core Theme 2 Unit 1 LESSON 3: Responding</b> <b>Core Theme 1 Unit 1 LESSON 3: Healthy Lifestyles</b> <b>Core Theme 1 Unit 5 LESSON 3: Tobacco –</b> <b>Core Theme 1 Unit 5 LESSON 4: Substance Abuse</b>	<b>Core Theme 1 Unit 1 LESSON 4: Physical Illness</b> <b>Core Theme 1 Unit 1 LESSON 6: Immunisation</b> <b>Core Theme 2 Unit 4 LESSON 3: Marriage</b>
<b>Theme 3</b> 27.02.23 - 31.03.23	<b>'Come Fly With Me!'</b> <i>America</i>	<b>'I Have a Dream...'</b> <i>Discrimination and Prejudice</i>
<b>Setting the Scene Week</b> 18.4.23 - 21.4.23	<b>QMPS Setting the Scene plus additional units from 'PSHEBoomerang'</b>	<b>QMPS Setting the Scene plus additional units from 'PSHEBoomerang'</b>
<b>Theme 3</b> 24.04.23 - 28.04.23	<b>'Come Fly With Me!'</b> <i>America</i>	<b>'I Have a Dream...'</b> <i>Discrimination and Prejudice</i>
<b>Competency Units</b> 2.5.23 - 19.5.23 <b>Additional PSHE Units</b>	<b>'Pharaoh Queen'</b> <i>The Story of Hatshepsut</i> <b>Core Theme 1 Unit 1 LESSON 1: Physical, Emotional and Mental - 3-Dimensional</b> <b>Core Theme 2 Unit 1 LESSON 1: Confidentiality</b> <b>Core Theme 2 Unit 1 LESSON 2: Listening</b>	<b>'British Bulldog'</b> <i>The Story of Winston Churchill</i> <b>Core Theme 1 Unit 1 LESSON 5: Healthy Minds</b> <b>Core Theme 2 Unit 4 LESSON 4: Mental Wellbeing –</b> <b>Core Theme 2 Unit 4 LESSON 2: Support and Care</b>
<b>Theme 4</b> 22.05.23 - 23.06.23 <b>Additional PSHE Units</b>	<b>'Global Warning'</b> <i>Waste and Pollution</i>	<b>'Full of Beans'</b> <i>Energy</i>
<b>Whole School Theme Week</b> 26.06.23 - 30.06.23 <b>Additional PSHE Units</b>	<b>'Health and Sports Week'</b> <b>Core Theme 2 Unit 2 LESSON 1: Responding</b> <b>Core Theme 2 Unit 2 LESSON 2: Shared Goals</b> <b>Core Theme 2 Unit 2 LESSON 3: Community Spirit</b> <b>Core Theme 1 Unit 5 LESSON 5: Basic First-Aid</b> <b>Core Theme 1 Unit 1 LESSON 2: Physical, Emotional and Mental</b>	<b>'Health and Sports Week'</b> <b>Core Theme 3 Unit 4 LESSON 1: Generating Income</b> <b>Core Theme 3 Unit 4 LESSON 2: Generating Income</b> <b>Core Theme 3 Unit 3 LESSON 1: Budgeting</b> <b>Core Theme 3 Unit 3 LESSON 2: Consumer Sense</b> <b>Core Theme 3 Unit 3 LESSON 3: Consumer Sense</b>
<b>Theme 4</b> 3.07.23 - 21.07.23	<b>'Global Warning'</b> <i>Waste and Pollution</i>	<b>'Full of Beans'</b> <i>Energy</i>